



Dr. Crabtree is board-certified in Plastic and Reconstructive Surgery. He earned his undergraduate degree from Harvard University and his MD from Stanford University. Dr. Crabtree did his General Surgery training in San Francisco and Tucson and

completed his Plastic Surgery fellowship in Washington DC. He served for 24 years as a surgeon in the US Army and was both Chief of Plastic Surgery as well as Consultant to the Surgeon General for Plastic Surgery during his tenure. Dr. Crabtree has served as President of the Hawaii Plastic Surgery Society. He has been named one of the Best Doctors in Hawaii by Honolulu Magazine for each of the past 10 years.



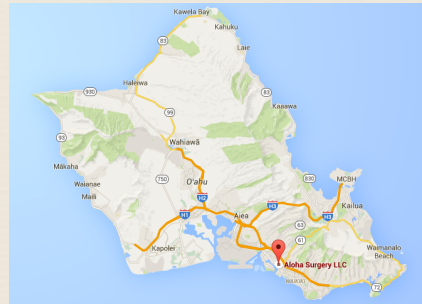
Dr. Fowler is board-certified in General Surgery. He earned his undergraduate degree from University of Massachusetts and his MD from Boston University. Dr Fowler did his surgical training at Cedars-Sinai Medical Center in Los Angeles. In 2005, in cooperation with

Castle Medical Center, the Surgical Weight Loss Institute was founded. Dr. Fowler is the acting Medical Director for bariatric surgery at Castle Hospital. He is a past President of the Hawaii Bariatric Society. For greater than 10 years, Dr. Fowler has concentrated solely on surgical weight loss in a structured comprehensive program.

## OFFICES



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# HAWAII CENTER FOR BODY CONTOURING SURGERY



HCBCS is Oahu's dedicated body contouring center. We offer all procedures associated with body contouring surgery and specialize in patients who have undergone significant weight loss.





## PROCEDURES OFFERED

We offer all procedures associated with body contouring surgery following significant weight loss. Procedures are customized to suit each individual's needs. Prices listed are inclusive of all fees for a standard procedure, certain circumstances may require price adjustment.



The Hawaii Center for Body Contouring Surgery specializes in patients who have undergone significant weight loss. For these patients the decision to undergo body contouring surgery can be seen as one of the most rewarding steps in the continuation of their body's transformation. The process of being evaluated for surgery can often be confusing in relation to surgical options and price. HCBCS is the right choice for this unique patient population seeking body restoration at a reasonable cost.

Dr. Thomas Crabtree's and Dr. Steven Fowler's expertise in both Cosmetic/Plastic Surgery and Bariatric Surgery will insure positive outcomes and patient satisfaction. For your convenience we offer free consultations at one of our two locations in Downtown Honolulu or Kailua.

<p><b>TUMMY TUCK:</b> <span style="float: right;"><b>\$9,000</b></span></p> <p>This procedure, also known as an abdominoplasty, removes the excess skin and fat that hangs over your lower abdomen. It greatly improves your body shape and silhouette, the fit of your clothes, and reduces the hygiene hassles associated with the overhanging drape of excess skin and fat. The abdominal wall is also tightened and your belly button is placed in an appropriate position.</p>	<p><b>BREAST LIFT:</b> <span style="float: right;"><b>\$8,000</b></span></p> <p>Also known as mastopexy, raises the breasts by removing excess skin and tightening the surrounding tissue to reshape and support the new breast contour. The lifting technique uses your own tissue to fill the gap and helps you obtain a full shape. An implant can be added to the procedure if needed. Sometimes the areola becomes enlarged over time, and a breast lift will reduce this as well.</p>
<p><b>ARM LIFT:</b> <span style="float: right;"><b>\$7,500</b></span></p> <p>This procedure greatly improves the shape and appearance of the upper arm by removing the loose, floppy tissue that often results after significant weight loss. The result is a more normal shape, less heavy upper arm with smoother transition from arm to chest. The operation is also known as a brachioplasty and is one of the fastest growing body contouring procedures.</p>	<p><b>BUTTOCK LIFT:</b> <span style="float: right;"><b>\$8,500</b></span></p> <p>After significant weight loss the buttocks can often look droopy and deflated. By raising and tightening the skin over the buttocks, a buttock lift makes the buttocks appear less saggy, dimpled or wrinkled. Volume can also be added to the buttocks to further improve their shape and contour. This is best done using your own fat from other parts of your body.</p>
<p><b>THIGH LIFT:</b> <span style="float: right;"><b>\$9,000</b></span></p> <p>Thigh lift surgery reshapes the thighs by reducing excess hanging skin, and in some cases fat, resulting in smoother skin and better-proportioned contours of the thighs and lower body. A thigh lift improves the overall contours of the thighs, improves the fit of clothing and may be performed in combination with liposuction and other body lifts.</p>	<p><b>LOWER BODY LIFT:</b> <span style="float: right;"><b>\$13,500</b></span></p> <p>A body lift improves the shape, tone and overall silhouette of the entire lower body by removing excess skin and the underlying fat. A complete lower body lift treats the buttocks, abdomen, waist, hips and upper thighs in one procedure.</p>